

# Water Safety



## Teacher's Notes

The following worksheet has been developed to complement the activities carried out at the Lifeskills Centre. However, it can easily be adapted to suit a wider range of abilities.

Below are some examples of other possible activities:-

- Ask the children to create their own quiz relating to the subject e.g. create crosswords, word-searches etc.
- Ask the children to write a short story or draw pictures/comic strips of each scenario.
- Encourage the children to think about their answers by getting them to act out the scenarios described in the activity.

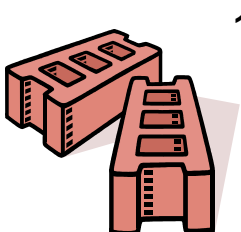


# Water Safety

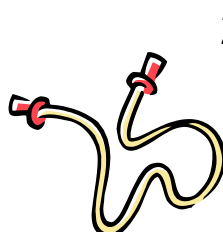
If you see someone in trouble in the water, you may be able to help them by following these steps:-

- Reassure them.
- Shout for help.
- Stay calm.
- Reach out to them with something long, like a stick or a scarf.
- Throw them something which will help them to float until help arrives.

Look at the pictures below. Which of these items could be used to help someone in trouble? Use the space next to each picture to write about how they may, *or may not*, be useful.



1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



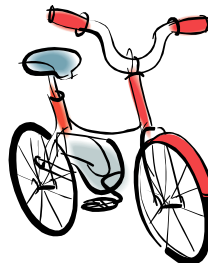
3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



4. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



5. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



6. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



7. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



8. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**REMEMBER!**

Even in an emergency...

**NEVER** jump into the water to help someone.

**NEVER** put your own life at risk.

**ALWAYS** dial 999 as quickly as possible to get help.





# Water Safety

## Answers

1. The brick could not be used as it will sink.
2. The skipping rope could be used to reach someone.
3. The wood could be used as a float.
4. The football could be used as a float.
5. The shoe could not be used as it is small and may sink.
6. The bike could not be used as it will sink.
7. The jumper could be used to reach someone.
8. The can could not be used as it is too small.